



Harker Heights
Parks & Recreation
Creating Community

2020 Recreation Center COVID-19 Policies and Procedures

Revised 9.1.2020



Our Goals

Safety

Harker Heights Parks and Recreation is focused on the safety of staff and citizen safety. In consideration of Governor Abbott's guidelines, CDC recommendations, and City/County guidelines, we have created this document to layout Harker Heights Parks and Recreation's Recreation Center reopening plan.

Service

Our goal is to provide the best service possible in all parks through all programs. We ask that you are patient with us as we work through reopening and that all staff and citizens abide by the guidelines in this document to allow for safe service.

2020 Recreation and Fitness Classes COVID Policies

All following recommendations are made with the guidelines of Bell County, The Texas Governor, and the CDC.

◇ *Recreation Center Hours:*

- Monday, Wednesday, Friday
 - 8:00 a.m. – 5:00 p.m.
- Tuesday and Thursday
 - 8:00 a.m. – 9:00 p.m.
- Saturdays
 - Closed

◇ *Recreation Center COVID Modifications*

- Anyone entering the facility will be asked to wear a facemask and socially distance to 6 ft.
- Restrooms will be open, but showers and locker room changing areas will be closed.
- Water fountains will be closed, but bottle filling stations remain open.
- Max count of patrons in the facility is based on individual room capacities and the overall capacity.
- Minimum of 5 registrants for a class to make.
- Online registration is encouraged.
- Guest will enter their own credit cards.
- Registration must be completed no later than 3 business days prior to class start date.
- All participants will be required to sign a COVID-19 specific waiver and there may be class specific guidelines.

2020 Recreation Center COVID-19 Procedures

All following recommendations are made with the guidelines of Bell County, The Texas Governor, and the CDC.

◇ Stop the Spread

- Anyone who has visited the Recreation Center or participates in a program held at the Recreation Center who contracts COVID-19 shall remotely contact the Harker Heights Parks and Recreation Department which will confidentially alert the instructor and participants immediately.
- According to the CDC, anyone who thinks or knows they had COVID-19 and had symptoms may return to participation after all the following criteria are met:
 - Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19.
 - If you are tested, have no fever, respiratory symptoms have improved, and you receive two negative test results in a row at least 24 hours apart.
 - At least 10 days since symptoms first appeared

AND

 - At least 72 hours with no fever without fever-reducing medication

AND

 - Symptoms have improved.
- According to the CDC, anyone who tested positive for COVID-19 but had no symptoms may return to participation after all the following criteria are met:
 - Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19.
 - If you are tested, have no fever, respiratory symptoms have improved, and you receive two negative test results in a row at least 24 hours apart.
 - If you develop symptoms after testing positive, follow the guidance for the situation above.
 - Continue to have no symptoms

AND

 - 10 days have passed since test.
- According to the CDC, anyone who has a weakened immune system (immunocompromised) due to a health condition or medication may return to participation after all the following criteria are met:
 - Might need to stay home longer than 10 days and are advised to contact their healthcare provider

AND

 - Two negative test results in a row at least 24 hours apart.
- According to the CDC, anyone who has been around a person with COVID-19 may return to participation after all the following criteria are met:
 - 14 days after exposure based on the time it takes to develop illness.

◇ *Employees and Instructors*

- Employees and instructors are to wash their hand with soap and water regularly.
- Employees and instructors are to maintain a 6 ft. distance from patrons and co-workers unless essential job duties are being performed.
- Employees and instructors must always wear face covering.
- Employees and instructors should immediately sanitize their hands after interacting with patrons or co-workers if they are not able to immediately wash their hands with soap and water.
- Employees and instructors who are feeling feverish or have a measured temperature greater than or equal to 100.0 degrees Fahrenheit will be sent home.
- Employees and instructors are to stay home if they feel sick or show any symptoms of COVID-19 infection.
- Employees and instructors who have known close contact with a person who is lab confirmed to have COVID-19 are to stay home.
- Employees and instructors should conduct a daily temperature check for low grade fever (>100.4.) or conduct a daily health questionnaire online with the “Coronavirus Self-Checker,” made available by the CDC at home before traveling to the facility.
- Items that are commonly touched must be sanitized before being used.
- Employees and instructors may not touch or share other employees’ or instructors’ individual equipment.
- Instructors may arrive 15-30 minutes prior to class start time to prepare.

◇ *Patrons*

- Patrons should conduct a daily temperature check for low grade fever (>100.4.) or conduct a daily health questionnaire online with the “Coronavirus Self-Checker,” made available by the CDC at home before traveling to the facility.
- Patrons who are feeling feverish or have a measured temperature greater than or equal to 100.0 degrees Fahrenheit are to stay at home.
- Patrons are to stay home if they feel sick or show any symptoms of COVID-19 infection.
- Patrons who have known close contact with a person who is lab confirmed to have COVID-19 are to stay home.
- Patrons should wash their hand with soap and water regularly.
- Patrons are required to wear face coverings.
- Patrons are encouraged to not congregate in groups of 10 or more unless part of the same household.
- Patrons will be instructed by staff on the dangers of being in groups of 10 or more.
- Patrons who are not registered for a class and are waiting for a participant or are not using an essential function of the Recreation Center must wait for participants outside of the Recreation Center.
- Patrons are encouraged to maintain a 6 ft. social distance from other patrons and staff unless part of the same household.
- Patrons should immediately sanitize their hands after interacting with other patrons or staff if they are not able to immediately wash their hands with soap and water.
- Patrons are encouraged not to bring shared snacks and drinks.

◇ *Participants*

- Participants should conduct a daily temperature check for low grade fever (>100.4.) or conduct a daily health questionnaire online with the “Coronavirus Self-Checker,” made available by the CDC at home before traveling to the facility.
- Participants may enter the facility beginning at 5 minutes before the activity starts.
- Participants are required to exit the facility 5 minutes after the activity ends.
- Participants should dress at home in gear and arrive prepared for the activity as locker rooms will be closed.
- Participants are encouraged not to share equipment and to bring equipment for individual use.
- Participants should avoid bringing any unnecessary belongings to the activity.
- Participants should bring bottles of water as the water fountains will be closed, but the bottle filling station will remain open.
- Participants who plan to wear a mask while participating should consider bringing additional mask to change.
- Participants are encouraged to travel to the activity with members of their household or those who have safe COVID practices.
- Household members of participants will remain outside of the facility during the activity.
- The next activity shall not begin until all previous participants have left.
- All high fives, handshakes, and other contact should be eliminated.
- Participants are required to wear face coverings and social distance when not physically active.
- All individual gear should be cleaned and sanitized after every session.
- Participants who become sick while at an activity will immediately be sent home and all other participants may be sent home.

◇ *Facility*

- Staff will remain 6ft. away from patrons in the staff area.
- Social distancing guides will be placed in the Recreation Center to help encourage social distancing.
- Hand sanitizing stations will be available at the Recreation Center.
- No water fountains will be active at the Recreation Center.
- Marks will be placed on the ground to designate social distancing guidelines in the queuing areas.
- Gym equipment should not be handled.
- If anyone gets sick or is reported to have COVID-19, the Recreation Center programming may be cancelled.

◇ *Cleaning*

- A proper cleaning of the facility will involve all parties.
- Patrons and participants shall take all personal items, clean up messes, and dispose of waste.
- Instructors shall oversee making sure that all areas of use during the activity are cleaned including cleaning up messes and disposing of waste.
- Failure by the patrons, participants, or instructors on cleaning measures can result in a delay in programming.
- Recreation Center staff will do a check and cleaning at the beginning and end of each shift.
- Additionally, employees will use a cleaner from the table below to clean commonly used or touched surfaces every hour including but not limited to:
 - Sinks
 - Toilets
 - Doors

Cleaners	
Name	Uses
Buckeye Eco Hydrogen Peroxide Cleaner	General purpose cleaner for hard surfaces
Buckeye Eco Neutral Disinfectant	Multipurpose germicidal detergent
Buckeye Eco One-Step Disinfectant/Deodorizer/Cleaner	Broad-spectrum disinfectant cleaner for heavy duty applications
Pine-Sol All Purpose Cleaner	All-purpose cleaner for bathroom and floor cleaning
Pure Bright Germicidal Ultra Bleach	General purpose cleaner for hard surfaces
Winda Shine	Glass and hard surface cleaner

Thank You

Harker Heights Parks and Recreation appreciates your assistance in implementing the policy and procedures outlined in this COVID-19 manual. With your help, we hope to have a successful and safe place for recreation programs in a trying time. Harker Heights Parks and Recreation is excited to be moving towards establishing service for our community. For the safety of all patrons, all involved must be mindful of the policy and procedures and work in cooperation with staff. We appreciate your continued patience and understanding.

Coronavirus Disease 2019 (COVID-19)

When You Can be Around Others After You Had or Likely Had COVID-19

When You Can be Around Others

Updated July 16, 2020

If you have or think you might have COVID-19, it is important to stay home and away from other people. Staying away from others helps stop the spread of COVID-19. If you have an emergency warning sign (including trouble breathing), get emergency medical care immediately.



When you can be around others (end home isolation) depends on different factors for different situations.

Find CDC's recommendations for your situation below.

I think or know I had COVID-19, and I had symptoms

You can be with others after

- At least 10 days since symptoms first appeared and
- At least 24 hours with no fever without fever-reducing medication and
- Symptoms have improved



Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. If you are tested, you can be around others when you have no fever, respiratory symptoms have improved, and you receive two negative test results in a row, at least 24 hours apart.

I tested positive for COVID-19 but had no symptoms

If you continue to have no symptoms, you can be with others after:

- 10 days have passed since test



Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others after you receive two negative test results in a row, at least 24 hours apart.

If you develop symptoms after testing positive, follow the guidance above for "I think or know I had COVID, and I had symptoms."

I have a weakened immune system (immunocompromised) due to a health condition or medication. When can I be around others?

People with conditions that weaken their immune system might need to stay home longer than 10 days. Talk to your healthcare provider for more information. If testing is available in your community, it may be recommended by your healthcare provider. You can be with others after you receive two negative test results in a row, at least 24 hours apart.

If testing is not available in your area, your doctor should work with an infectious disease expert at your local health department to determine if you are likely to spread COVID-19 to others and need to stay home longer.

For Anyone Who Has Been Around a Person with COVID-19

It is important to remember that anyone who has close contact with someone with COVID-19 should stay home for 14 days after exposure based on the time it takes to develop illness.