



Harker Heights Senior Recreation Program

July 2024 Newsletter

Harker Heights Senior Recreation
Recreation Center, 307 Miller's Crossing
www.harkerheights.gov/parksandrec
254-953-5683 nbroemer@harkerheights.gov

Message from Harker Heights Senior Program Manager

Hello everyone,

Celebrate July with Independence Day and Parks & Recreation Month. On July 19, say thank you to your Parks & Recreation staff members in honor of Parks & Recreation Professionals Day. Follow us on Facebook or at the center for upcoming events and programs celebrating Parks & Recreation Month. **We have a couple of class cancellations and closures. The center will be closed on July 4. There will be no Senior Swim on July 5. The gymnasium will be closed July 15 -19 from 8am-5pm, which we will not have Pickleball and Granny Basketball that week. Stretchercise will not meet on July 16 and will relocate to rooms MP 1 & 2 on July 18. Active Seniors will relocate to rooms MP 1 & 2 on July 18. There will be no Beg. & Adv. Beg. Line Dancing for July 23 & 30.** We hope to see you at the programs. Have a safe and Happy 4th of July.

Thank you,

Nichole Broemer

Recreation Center &
Senior Program Manager



Did You Know?

- The trademark for Silly Putty was registered on July 1, 1952.
- July 5, 1988, the Bugs Bunny phrase "What's Up Doc?" was a registered trademark.
- Baseball great Joe DiMaggio hits his first grand slam on July 5, 1937.
- The first public reading of the Declaration of Independence by Colonel John Nixon was read to an assembled crowd in Philadelphia on July 8, 1776.
- The air conditioner was invented July 17, 1902.
- On July 20, 1969, a global audience watched on television as Apollo 11 Astronaut Neil Armstrong took his first step onto the moon.
- American pilot Amelia Earhart was born on July 24, 1898 in Atchison, Kansas.
- July 30, 1965, President Lyndon B. Johnson signs the Medicare bill.
- Lizette Brooks, HH Rec Aide, was born on July 18th!

Rich B.	07/01	Rickey S.	07/05	Linda S.	07/17	William W.	07/27
Paula L.	07/01	Ronald C.	07/06	Otis H.	07/18	Elizabeth P.	07/27
Beverly M.	07/02	Rinska F.	07/07	Michael L.	07/19	Ella O.	07/29
Lexie M.	07/02	Lydia L.	07/08	Dan B.	07/19	Debra S.	07/30
Nora S.	07/04	Eileen B.	07/09	Diane Z.	07/20	Martina A.	07/31
Debra S.	07/04	Colleen I.	07/11	Sarah R.	07/21	Norma Jean S.	07/31
Diana D.	07/04	Betty P.	07/12	Debbie B.	07/21		
Karyn C.	07/04	Birkes W.	07/12	Gerda T.	07/21		
Chong N.	07/05	Adela L.	07/12	Kay D.	07/22		
Janet O.	07/05	Jo T.	07/13	Debbie M.	07/24		
Won S.	07/05	Xiaoyu W.	07/15	Adassa B.	07/25		
Young ok C.	07/05	Jane G.	07/15	Rosherion J.	07/26		














If your name is missing on the birthday list, we do not have you renewed for 2024.



Seniors are invited to come by the Rec Center July 2 & 3 for a popsicle while supplies last. Popsicle





donation made by & Amy Sargent.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9 am-11:45 am Pickleball (Non-Res. Fee required)</p> <p>12 pm-3 pm Pinochle 12 pm-1:45 pm Granny Basketball</p>	<p>2</p> <p>9:30 am-10:30 am Stretchercise 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong</p>	<p>3</p> <p>10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco</p>	<p>4</p> <p>CLOSED</p> 	<p>5</p> <p>9 am-11:45 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1:45 pm Granny Basketball</p>	<p>6</p> <p>9 am-1 pm Farmers Market  4 pm-7 pm Parks Bash, Kern Park </p>
<p>8</p> <p>9 am-11:45 am Pickleball (Non-Res. Fee required) 12 pm-3 pm Pinochle 12 pm-1:45 pm Granny Basketball</p>	<p>9</p> <p>9:30 am-10:30 am Stretchercise 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong</p>	<p>10</p> <p>10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco</p>	<p>11</p> <p>9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors 1 pm-4 pm Canasta</p>	<p>12</p> <p>9 am-11:45 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1 pm Senior Swim 12 pm-1:45 pm Granny Basketball</p> 	<p>13</p> <p>9 am-1 pm Farmers Market </p>
<p>15</p> <p>12 pm-3 pm Pinochle</p>	<p>16</p> <p>10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong</p>	<p>17</p> <p>10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco 6 pm-7:30 pm GES: Tilling & Soil Improvement, Activities Center</p> 	<p>18</p> <p>9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors 1 pm-4 pm Canasta 5 pm Ladies Night Out, Freddy's, Harker Heights </p>	<p>19</p> <p>10 am-2 pm Scrabble 11:45 am-1:30 pm Lunch & Learn: Aging In Place 12 pm-1 pm Senior Swim  Parks & Rec Professionals Day </p>	<p>20</p> <p>9 am-1 pm Farmers Market </p>
<p>Gymnasium CLOSED July 15 - 19 from 8 am-5 pm</p>					
<p>22</p> <p>9 am-11:45 am Pickleball (Non-Res. Fee required) 12 pm-3 pm Pinochle 12 pm-1:45 pm Granny Basketball</p>	<p>23</p> <p>9:30 am-10:30 am Stretchercise 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong</p>	<p>24</p> <p>10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco 5 pm-8 pm Activities Center Open House</p>	<p>25</p> <p>9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors 1 pm-2:30 pm BINGO 1 pm-4 pm Canasta </p>	<p>26</p> <p>9 am-11:45 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1 pm Senior Swim 12 pm-1:45 pm Granny Basketball</p> 	<p>27</p> <p>9 am-1 pm Farmers Market (last market till Oct. 5) </p>
<p>29</p> <p>9 am-11:45 am Pickleball (Non-Res. Fee required) 12 pm-3 pm Pinochle 12 pm-1:45 pm Granny Basketball</p>	<p>30</p> <p>9:30 am-10:30 am Stretchercise 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong</p>	<p>31</p> <p>10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco</p>	<p>All activities held at the Recreation Center, 307 Miller's Crossing unless noted otherwise.</p>		



PARK AND RECREATION MONTH JULY 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Early Bird Day! Get up early and take a morning stroll at a park!	2 Popsicles in the Park 10am-12pm Purser Family Park 100 Mountain Lion Rd.	3 Weather Wonders Free Show 9:30 am & 11:00 am Library & Activities Center 400 Indian Trail	4 Independence Day! All City Buildings CLOSED	5 National Picnic Month Have a picnic with your family at a park.	6 Parks Bash 4pm-7pm Kern Park 400 S. Ann Blvd
7 Family Day Visit Purser Family Park Dog Park with your furry friends! 100 Mountain Lion Rd.	8 Be A Kid Again Day Play tag, swing on a swing set, or jump through a sprinkler.	9 National Sugar Cookie Day Treat yourself to a tasty treat!	10 Brother Bear Movie Showing 10:00 am Library & Activities Center 400 Indian Trail	11 National Swimming Pool Day Visit the Carl Levin Pool to beat the summer heat! 400 Miller's Crossing	12 Senior Swim 12-1pm *Senior membership required. Dependent on swim lesson makeup	13 Farmers Market 9am-1pm 305 Miller's Crossing
14 Family Day Go on a hike with your families and friends.	15 Try a New Hobby! Pick up a couple discs and try your hand at frisbee golf at Purser Family Park! 100 Mountain Lion Rd.	16 Popsicles in the Park 10am-12pm Carl Levin Park 400 Miller's Crossing	17 Creature Teacher 9:30 am, 11:30 am, & 2 pm Library & Activities Center 400 Indian Trail	18 Maker Space Open Every Thur 10:00 am - 3:00 pm Library & Activities Center 400 Indian Trail	 Senior Swim 12-1pm *Senior membership required. Dependent on swim lesson makeup	20 Farmers Market 9am-1pm 305 Miller's Crossing
21 Family Day Visit the Carl Levin Park Pond with your families and friends. 400 Miller's Crossing	22 National Hammock Day Relax in a hammock with a good book at one of the parks.	23 Maker Space Open Every Tues 10:00 am - 3:00 pm Library & Activities Center 400 Indian Trail	24 Activities Center Open House 5pm-8pm 400 Indian Trail	25 Maker Space Open Every Thur 10:00 am - 3:00 pm Library & Activities Center 400 Indian Trail	26 Senior Swim 12-1pm *Senior membership required. Dependent on swim lesson makeup	27 Last Farmers Market Till Oct 5 9am-1pm 305 Miller's Crossing
28 Family Day Go explore a park with your families and friends.	29 Remember the Benefit of Parks! Spending time outside in parks helps reduce stress and sparks creativity!	30 Popsicles in the Park 10am-12pm Community Park 1805 Knight's Way	31 Ramblin' Rita's Texas Tales 9:30 am & 11:00 am Library & Activities Center 400 Indian Trail			



SAT. JULY 6, 2024

PARKS BASH

KERN PARK

400 S ANN BLVD., HARKER HEIGHTS, TX 76548

FREE EVENT




Join the Harker Heights Parks and Recreation Department as we kick off Parks and Recreation Month in July!

Bring your friends and family for a fun-filled, free event featuring inflatables, yard games, and free hot dogs!



SENIOR SWIM

Free for Seniors(50+)

Current Senior Program Membership Check In Card required. Make sure to get a new card with current expiration date.

Every Friday from 12 pm-1 pm (except on days swim lesson has a make up or pool closed.).

No Senior Swim at this time on July 5.

Pool Daily Admission Fees:

(cash only)

- Child (Age 2-17): Resident - \$3
Non-Resident - \$4
- Adults (age 18-49): Resident - \$4
Non-Resident - \$6
- Senior (Age 50+): Resident - \$3
Non-Resident - \$4

Pool Passes will be available for purchase at the HH Rec Center beginning June 3.

Season Pool Pass Fees:

- Individual Pass: Resident - \$50
Non-Resident - \$70
- Family Pass (2-5 Individuals):
Resident - \$70
Non-Resident - \$135
- Senior (50+): Resident - \$25
Non-Resident \$35



2024 SEASON HARKER HEIGHTS CITY HALL FARMERS MARKET

SATURDAY MORNINGS
9 AM - 1 PM

MAY-JULY | OCT-DEC
305 MILLER'S CROSSING

254-953-5493



Harker Heights Recreation Center & Activities Center

CLOSED Independence Day

Thursday, July 4, 2024

The centers will resume normal business hours on July 5, 2024.

CLOSURES AND CANCELLATIONS

The Recreation Center Gymnasium will be CLOSED: July 4, 2024 all day and July 15-19, 2024 from 8a - 5p.

No Pickleball July 15 & 19

The whole Recreation Center will be CLOSED

No Granny Basketball July 15 & 19

July 4 for Independence Day.

Stretchercise - No class July 4 & 16; July 18 class relocate to rooms MP 1 & MP 2

Active Seniors - No class July 4; July 18 class relocate to room MP 2

There will be no Beginners Line Dancing & Advance Beginners Line Dancing classes July 23 & 30.



July's Activities:

Volleyball & Badminton



Active Seniors

Thursdays | 11 am - 12:45 pm

Harker Heights Recreation Center, 307 Miller's Crossing

Active Seniors (50+) are invited to PLAY a variety of recreational activities and games. Each month will be a new activity to keep you moving and having fun.

A great opportunity to exercise and socialize with friends.

For more info, email nbroemer@harkerheights.gov or call 254-953-5683.



Thursday, July 18, 2024

5:00 pm

**Location: Freddy's Frozen Custard & Steakburgers
490 FM 2410, Harker Heights, TX 76548**

Join others for food and conversation! Each attendee is responsible for purchasing their own supper. Registration is required.
Sign up in person at the Harker Heights Recreation Center, 307 Miller's Crossing.
For more info, email nbroemer@harkerheights.gov or call 254-953-5683.



LUNCH & LEARN

Friday, July 19, 2024 11:45 am - 1:30 pm

Presenter: Felicia Holland, Aging in Place Coordinator
Fort Hood Area Habitat for Humanity

Topic: Info on programs, outreach efforts, fall prevention, and services
Harker Heights Recreation Center, 307 Miller's Crossing
FREE Lunch / Space is limited; pre-registration required.
Registration opens July 1, 2024

Pre-register by calling 254-953-5657 or in person at the Recreation Center.



For more info, email nbroemer@harkerheights.gov or call 254-953-5683.

NEW DATE!



BINGO!

Thursday, July 25, 2024

1 pm - 2:30 pm

**Harker Heights Recreation Center
307 Miller's Crossing**

For more info, email nbroemer@harkerheights.gov or call 254-953-5683.



Sponsor:
UnitedHealthcare



ACTIVITIES CENTER OPEN HOUSE

WEDNESDAY, JULY 24, 2024

5:00 PM - 8:00 PM

254-953-5493

sgibbs@harkerheights.gov

Discover what the Activities Center has to offer! Explore a variety of exciting activities and programs, including:
Maker Space
Game Room
Parks & Rec Programs
Crafts
Outdoor Education

Chair Yoga

Join us for a series of chair yoga classes to increase your wellness.

All classes will be beginner friendly and will be mindful of those who have any disabilities that limit their mobility.



Classes are FREE

June 14, 28

July 5, 12, 19

10:30 AM

It is recommended that you attend all sessions but it is not required.

Classes will be held at the library



Garden Education Series Tilling & Soil Improvement

Wednesday, July 17, 2024

6 pm-7:30 pm

FREE

Register: July 1-17, 2024

Activities Center

400 Indian Trail

Learn from the Bell County Master Gardener's about Tilling and Soil Improvement.

Registration is encouraged, walk-ins welcome.



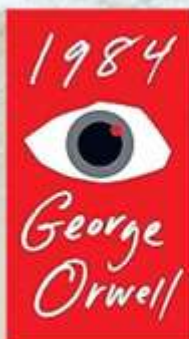
Stewart C. Meyer Harker Heights Public Library

2024 Book Discussion Club

Join our book discussion club for adults!

Enjoy a lively discussion in person at the Library and/or online the third Thursday of each month at 6:30 pm!

Just e-mail lyoungblood@harkerheights.gov for an invitation to our virtual meeting!



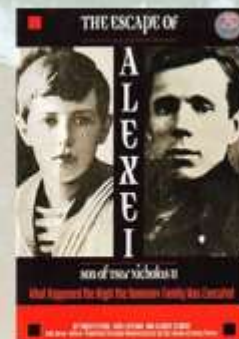
May 16



June 20



July 18



August 15



4TH OF JULY

Important Reminder for All Harker Heights Residents!



As we approach Independence Day, we want to ensure everyone enjoys a safe and happy celebration. Please be reminded that discharging fireworks within the Harker Heights City Limits is illegal. Let's keep Harker Heights safe for everyone! Enjoy your celebration responsibly and thank you for helping us maintain a safe and peaceful community!



This ordinance is in place to protect our community from potential hazards.

The discharge of fireworks within the Harker Heights city limits is illegal per Chapter 130, Section 130.41 FINDINGS; PURPOSE, of the City of Harker Heights Code of Ordinances. A violation of this ordinance is punishable by a fine not to exceed \$500.00.