

Message from Harker Heights Senior Program Manager

Hello,

Established in 1963, Older Americans Month (OAM) is celebrated every May. OAM is a time to recognize older Americans' contributions, highlight aging trends, and reaffirm commitments to serving the older adults in our communities. This year's theme, "Flip the Script on Aging" urges us to transform the way society views and talks about aging - by challenging outdated stereotypes, embracing the diversity of the aging experience, and celebrating the countless ways older adults continue to contribute meaningfully to society. This month we are celebrating with a variety of events:

May 1 - Kickoff OAM: Lunch & Movie, 11L30 am

May 10 - Senior (50+) Prom, 4 pm - 7 pm

May 16 - Lunch & Learn, 11:45 am - 1:30 pm

May 21 - Ice Cream Social, 2 pm - 3:30 pm

May 27 - Games Galore, 2 pm - 4 pm

The Harker Heights Farmers Market returns every Saturday from 9am - 1pm with the first one at a temporary location, Carl Levin Park (400 Miller's Crossing) parking lot. The move is due to the General Election held at the Recreation Center on Saturday, May 3 from 7 am - 7 pm. We hope to see you at the many programs and events being offered by the Parks Department. Visit the Harker Heights Recreation Center for more information.

Best Regards,

Nichole Broemer

Recreation Center & Senior Program



Pert G.	05/02
Irene A.	05/03
Margaret B.	05/03
Jerry M.	05/05
Ilonka M.	05/05
Camelia B.	05/05
Nancy R.	05/07
Raul R.	05/07
Audra W.	05/07
Christa K.	05/09
Helen B.	05/13
Pamela E.	05/14
Teri O.	05/14
Latoya C.	05/16
Mafalda L.	05/17
Barbara L.	05/17
Juliet C.	05/18
Tia C.	05/19
Lyneese G.	05/22
Shirlee D.	05/22
Sylvie S.	05/24
Andrea K.	05/25
William N.	05/25
Nathan P.	05/26
Daniel M.	05/27
John S.	05/28
Sarah G.	05/28
Marion H.	05/28
Joseph (Jody) A.	05/28
Jungneem S.	05/30
Beytza L.	05/31
Charlene B.	05/31

If your name is missing on the birthday list, please renew your membership.

Did You Know?

- The month of May was originally named for the Greek goddess Maia. She is associated with Spring and growth.
- May is also known for being one of the deadliest months for tornadoes.
- Blue jeans were officially invented in May of 1873.
- Cinco de Mayo is a Mexican holiday that celebrates the country's victory over France.
- May is a lucky month for weddings.
- Celebrities Birthdays: Dwayne Johnson (May 2, 1972), George Clooney (May 6, 1961), Megan Fox (May 16, 1986), Helena Bonham Carter (May 26, 1966).

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

All activities held at the Recreation
Center, 307 Miller's Crossing, unless
noted otherwise.

All activities held at the Recreation Center, 307 Miller's Crossing, unless noted otherwise.			1 9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors 11:30 am-2 pm Lunch & Movie 1 pm-4 pm Canasta	2 9 am-11:30 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1:45 pm Granny Basketball 12 pm - 3 pm Pinochle 7 pm-9 pm First Fridays Music Concert, CLP	3 7 am-7 pm General Election 9 am-1 pm HH Farmers Market, Carl Park Parking Lot
5 9 am-11:30 am Pickleball (Non-Res. Fee required) 12 pm-1:45 pm Granny Basketball 12 pm-3 pm Pinochle	6 9:30 am-10:30 am Stretchercise 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong	7 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco	8 9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors 1 pm-4 pm Canasta	9 9 am-11:30 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1:45 pm Granny Basketball 12 pm - 3 pm Pinochle	10 9 am-1 pm HH Farmers Market, City Hall Parking Lot 4 pm-7 pm Senior (50+) Prom, AC
12 9 am-11:30 am Pickleball (Non-Res. Fee required) 12 pm-1:45 pm Granny Basketball 12 pm-3 pm Pinochle	13 9:30 am-10:30 am Stretchercise 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong	14 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco 7 pm-8 pm Granny Basketball Game	15 9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors 1 pm-2:30 pm BINGO 1 pm-4 pm Canasta 5 pm-7 pm Ladies Night Out, Smokey Mo's TX BBQ, HH	16 9 am-11:30 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 11:45 am-1:30 pm Lunch & Learn 12 pm-1:45 pm Granny Basketball 12 pm - 3 pm Pinochle	17 9 am-1 pm HH Farmers Market, City Hall Parking Lot 10 am-2 pm Dive into Summer Safety, CLP
19 9 am-11:30 am Pickleball (Non-Res. Fee required) 12 pm-1:45 pm Granny Basketball 12 pm-3 pm Pinochle	20 9:30 am-10:30 am Stretchercise 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong	21 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco 2 pm-4 pm Ice Cream Social	22 9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors 1 pm-4 pm Canasta	23 9 am-11:30 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1:45 pm Granny Basketball 12 pm - 3 pm Pinochle	24 9 am-1 pm HH Farmers Market, City Hall Parking Lot 9 am Memorial Ceremony & Walk, CLP
26 CLOSED	27 9:30 am-10:30 am Stretchercise 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Games Galore & Ping Pong	28 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco	29 9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors 1 pm-4 pm Canasta	30 9 am-11:30 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1:45 pm Granny Basketball 12 pm - 3 pm Pinochle	31 9 am-1 pm HH Farmers Market, City Hall Parking Lot



SENIOR (50+)
KICKOFF OAM:



LUNCH & MOVIE

Thursday, May 1, 2025

11:30 am - 2 pm

Activities Center, 400 Indian Trail

Movie: 80 for Brady

(2023 Rated PG-13)

FREE

Space is limited; pre-registration required.
Lunch food: Sponsored by UnitedHealthcare

Celebrate Older Americans Month with a free lunch and a movie. Register by calling Nichole at 254-953-5683 or in person at the Recreation Center.



Harker Heights
Senior Recreation
Program

For more information email
nbroemer@harkerheights.gov or
call 254-953-5683.

Lunch Sponsor:
 UnitedHealthcare

Harker Heights Parks & Recreation
Creating Community

FIRST FRIDAYS MUSIC SERIES

Food Trucks

**CARL LEVIN PARK
AMPHITHEATER
7:00PM-9:00PM
MAY 2. JUNE 6**

**GLEN MELOY
1ST CAV POP BAND**



City of Harker Heights

General Election

Saturday,

May 3, 2025

Poll Hours:

7 am - 7 pm

Harker Heights
Recreation Center,
307 Miller's Crossing



2025 SEASON HARKER HEIGHTS CITY HALL FARMERS MARKET

SATURDAYS 9 AM - 1 PM

MAY-JULY | OCT-DEC

305 MILLER'S CROSSING

<https://www.facebook.com/HeightsFM/>

<https://bit.ly/harkerheightsevents>

E: farmersmarket@harkerheights.gov

P: 254-953-5657

Active Seniors

Thursdays | 11 am - 12:45 pm

Harker Heights Recreation Center

307 Miller's Crossing

Active Seniors (50+) are invited to PLAY a variety of recreational activities and games. Each month will be a new activity to keep you moving and having fun.

A great opportunity to exercise and socialize with friends.

For more info, email nbroemer@harkerheights.gov or call 254-953-5683.



Harker Heights
Senior Recreation
Program

May's Activity:

Volleyball



City of Harker Heights Senior (50+) Prom

Saturday, May 10, 2025

4 pm - 7 pm

Harker Heights Activities Center

400 Indian Trail

Free Admission

Theme: Masquerade

Dress Attire: Sunday Attire, Business Casual,
Formal, or Comfortable Attire

Senior citizens (age 50+) are invited for a prom designated for them only. Celebrate with music, dancing, photos, and light refreshments. Registration not required. Seniors are encouraged to submit their own prom/dance photo when they were young to nbroemer@harkerheights.gov by May 6, 2025. Photos will be included in a slide show presented during the prom.



Presented in part by:



Stewart C. Meyer
Harker Heights Public Library

Chaparral HS Class of 83
Lester Anthony Madala

Texas
Old Glories



Granny Basketball

Cheer on the Old Glories for their last home game.

Wed., May 14, 2025 / 7pm

Recreation Center, 307 Miller's Crossing

TX Old Glories vs. Round Rock Rockettes



Harker Heights
Senior Recreation
Program

For more info, contact
Nichole Broemer at
nbroemer@harkerheights.gov
or call 254.953.5683.



BINGO

Thursday, May 15, 2025 / 1 pm - 2:30 pm

Harker Heights Recreation Center
307 Miller's Crossing

For more info, email nbroemer@harkerheights.gov or call 254-953-5683.



Harker Heights
Senior Recreation
Program

Sponsor:

Amy Sargent
UnitedHealthcare



Harker Heights
Senior Recreation
Program



LADIES
NIGHT OUT

Thursday, May 15, 2025 / 5 pm

Location: Smokey Mo's TX BBQ

529 Knight's Way, Harker Heights

Join others for food and conversation! Each attendee is responsible for
purchasing their own supper. Registration is required.
Sign up in person at the Harker Heights Recreation Center, 307 Miller's Crossing.

For more info, email nbroemer@harkerheights.gov or call 254-953-5683.

Stewart C. Meyer Harker Heights Public Library 2025 Book Discussion Club

Join our book discussion club for adults!
Enjoy a lively discussion in person at the Library and/or online
the third Thursday of each month at 6:30 pm!

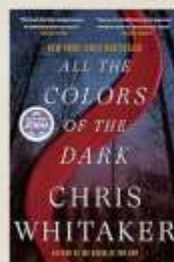
Just e-mail lyoungblood@harkerheights.gov for an invitation to our
virtual meeting!



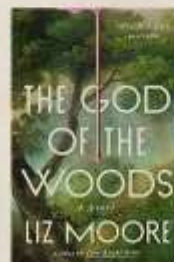
January 16



February 20



March 20



April 17



May 15

SENIOR (50+) LUNCH & LEARN



Friday, May 16, 2025
11:45 am - 1:30 pm

Topic: Guiding with Grace: The Power of Experience
(Involvement with AmeriCorps thru the Foster Grandparent Program)

Presented by: Roxanne Flores, Volunteer Services Coordinator
Harker Heights Recreation Center, 307 Miller's Crossing
FREE Lunch / Space is limited; pre-registration required.
Registration: April 25, 2025 until full.

Pre-register by calling 254-953-5657 or in person at the Recreation Center.



Harker Heights
Senior Recreation
Program

For more information email
nbroemer@harkerheights.gov or
call 254-953-5683.



Dive Into Summer
Safety Day

Sat., May 17, 2025

10 am - 2 pm

Carl Levin Park & Pool,
400 Miller's Crossing

FREE Outdoor Event

Learn about safe
grilling, water & heat
safety, and more!

Summer Swim Lesson
Sign Up 9 am at the
Recreation Center or
online.

SENIOR (50+) Ice Cream Social

Wednesday, May 21, 2025
2:00 pm - 3:30 pm
Recreation Center
307 Miller's Crossing



Seniors are invited to enjoy good company and ice cream/popsicles.



Harker Heights
Senior Recreation
Program

For more information email
nbroemer@harkerheights.gov or
call 254-953-5683.



HARKER HEIGHTS MEMORIAL CEREMONY & REMEMBRANCE WALK

HARKER HEIGHTS CARL LEVIN PARK, 400 MILLER'S CROSSING

SATURDAY, MAY 24, 2025 AT 9:00 AM

For more information call 254-953-5657.



Harker Heights Recreation Center & Activities Center

CLOSED

Memorial Day Weekend

Sat., May 24, 2025 & Mon., May 26, 2025

The centers will resume normal business hours on May 27, 2025.



Harker Heights
Parks & Recreation
Creating Community



Senior (Ages 50+)

GAMES GALORE



Tuesday, May 27, 2025

2:00 pm - 4:00 pm

Recreation Center

307 Miller's Crossing



Join us for an afternoon of games and snacks.



Harker Heights
Senior Recreation
Program

For more information email
nbroemer@harkerheights.gov or
call 254-953-5683.