



## Harker Heights Senior Recreation Program

# November 2023 Newsletter

Harker Heights Senior Recreation  
Recreation Center, 307 Miller's Crossing

[www.harkerheights.gov/parksandrec](http://www.harkerheights.gov/parksandrec)  
254-953-5683 nbroemer@harkerheights.gov

### Message from Harker Heights Senior Program Manager

Hello All,

We have a lot to be thankful for and we don't have to wait for November to come around to celebrate or show our gratitude. Our community is invited to honor all who served at our Veterans Ceremony on November 9 at 6 pm at the Harker Heights Activities Center. We have many updates to programs which are listed in the newsletter. One being the new time for Active Seniors on Thursdays at 11 am - 12:45 pm. Make sure to see the dates in which the Recreation Center will be closed for Veterans Day and Thanksgiving Day holidays. The Harker Heights Fire Department will be presenting Stop the Bleed/First Aid at our Lunch & Learn on Friday, November 17. If you are interested, please call or come by to register as space is limited. The Recreation Center gym floors will be renovated the last two weeks in November. We will not have open gym or activities held in the gym from November 20 - December 2. Another event in which we invite the community is our annual Christmas Tree Lighting on Thursday, November 30 at 6 pm. I would like to thank our Senior program members for supporting our programs and events. The Parks Department builds community through people, parks, and programs.

Thank you,

*Nichole Broemer* Recreation Center & Senior Programs Manager

### November's Quotes

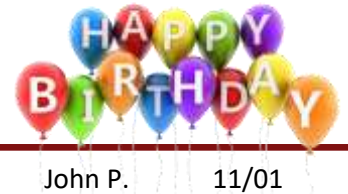
"In this Veteran's Day, we stop and are thankful for all those who have fought in wars so that we may all enjoy our freedom. The bravery and risk that these men and women took will not be forgotten." – Catherine Pulsifer

"Don't wait until the fourth Thursday in November to sit with family and friends to give thanks. Make every day a day of Thanksgiving!" – Charmaine J. Forde

"Autumn carries more gold in its pocket than all the other seasons." –  
Jim Bishop




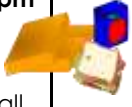




**Daylight Savings Ends  
Sunday, November 5.**



John P.	11/01
Suzanne P.	11/02
Kathy B.	11/03
Leticia F.	11/03
Kathleen C.	11/04
Vicki P.	11/04
Robert O.	11/05
Tilmon G.	11/06
Angela Y.	11/08
Lewis P.	11/09
Edward T.	11/09
Paulette D.	11/10
Sabrina B.	11/10
Pamela W.	11/10
Roberta F.	11/11
Carolyn W.	11/11
Delores W.	11/13
Joan B.	11/13
Myriam R.	11/14
Dorcas C.	11/15
Rodney T.	11/18
Stacey W.	11/18
Nadine W.	11/18
Eunice C.	11/19
Roxie F.	11/20
Artisha H.	11/21
Ruth B.	11/21
Nancy R.	11/22
Celestina A.	11/22
Julia M.	11/24
Virginia S.	11/24
Katharina A.	11/25
Robin W.	11/26
Janice P.	11/28
Edgar C.	11/29
Christina P.	11/30

**If your name is missing on the birthday list, we do not have you renewed for 2023.**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>All activities held at the Recreation Center, 307 Miller's Crossing unless noted otherwise.</b>		<b>1</b> 10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco	<b>2</b> 9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors 1 pm-4 pm Canasta	<b>3</b> 9 am-11:45 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1:45 pm Granny Basketball	<b>4</b>
<b>6</b> 9 am-11:45 am Pickleball (Non-Res. Fee required) 12 pm-3 pm Pinochle 12 pm-1:45 pm Granny Basketball	<b>7</b> 9:30 am-10:30 am Stretchercise 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong	<b>8</b> 10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco	<b>9</b> 9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors 1 pm-4 pm Canasta 6 pm Veterans Ceremony, HH Activities Center 	<b>10</b> CLOSED In observance of Veterans Day.	<b>11</b> CLOSED 
<b>13</b> 9 am-11:45 am Pickleball (Non-Res. Fee required) 12 pm-3 pm Pinochle 12 pm-1:45 pm Granny Basketball	<b>14</b> 9:30 am-10:30 am Stretchercise 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong	<b>15</b> 10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco	<b>16</b> 9:30 am-10:30 am Stretchercise 11 am-12:45 pm Active Seniors 1 pm-2:30 pm BINGO 1 pm-4 pm Canasta 5 pm Ladies Night Out, Yank Sing, Killeen 	<b>17</b> 9 am-11:45 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 11:30 am—1:30 pm Lunch & Learn 12 pm-1:45 pm Granny Basketball 	<b>18</b>
<b>20</b> 12 pm-3 pm Pinochle	<b>21</b> 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong	<b>22</b> 10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco	<b>23</b> CLOSED 	<b>24</b> CLOSED	<b>25</b> CLOSED
<b>Recreation Center Gym CLOSED for floor renovation.</b>					
<b>27</b> 12 pm-3 pm Pinochle	<b>28</b> 10 am-11 am Beg. Line Dancing 11 am-12 pm Adv. Beg. Line Dancing 11 am-12:30 pm Armchair Travelers 2 pm-4 pm Ping Pong	<b>29</b> 10 am-12 pm Watercolor (\$5 per class) 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco	<b>30</b> 1 pm-4 pm Canasta 6 pm Christmas Tree Lighting Ceremony, HH City Hall grounds 	<b>Recreation Center Gym CLOSED for floor renovation.</b>	





# Armchair Travelers

**Tuesdays | 11 am - 12:30 pm**

**Harker Heights Recreation Center, 307 Miller's Crossing**

Don't worry about the long waits at airports or the many miles in a car. Travel with us as we watch videos of many destinations around the world from the comfort of your chair at the Recreation Center.

For more info, email [nbroemer@harkerheights.gov](mailto:nbroemer@harkerheights.gov) or call 254-953-5683.



# Spades & Lifelong Learning

Both Spades and Lifelong Learning will not meet for November and December. Check in with us after the new year when these programs return.



For more info, email [nbroemer@harkerheights.gov](mailto:nbroemer@harkerheights.gov) or call 254-953-5683.



# Active Seniors

**Thursdays | NEW TIME: 11 am - 12:45 pm**

**Harker Heights Recreation Center, 307 Miller's Crossing**

Active Seniors (50+) are invited to PLAY a variety of recreational activities and games. Each month will be a new activity to keep you moving and having fun. A great opportunity to exercise and socialize with friends.

For more info, email [nbroemer@harkerheights.gov](mailto:nbroemer@harkerheights.gov) or call 254-953-5683.

November's Activity:  
Indoor Baseball



City of Harker Heights

# VETERANS CEREMONY



**Thursday, November 9, 2023 | 6 PM**

**Harker Heights Activities Center**

**400 Indian Trail, Harker Heights, TX**











**Harker Heights**  
Senior Recreation  
Program

# LUNCH & LEARN

**Friday, November 17, 2023 11:30 am - 1:30 pm**

**Topic: Stop the Bleed / First Aid**

**Harker Heights Recreation Center, 307 Miller's Crossing**

**FREE Lunch / Space is limited; pre-registration required.**

Learn some helpful tips to stop the bleed and first aid from the Harker Heights Fire Department. Pre-register by calling 254-953-5657 or in person at the Recreation Center.

For more info, email [nbroemer@harkerheights.gov](mailto:nbroemer@harkerheights.gov) or call 254-953-5683.



**Harker Heights**  
Parks & Recreation  
*Creating Community*

**Harker Heights Recreation Gymnasium**

**CLOSED for Floor Renovation: November 20 - December 2**

There will be no open gym or activities scheduled in the gym.



**THE HARKER HEIGHTS RECREATION CENTER & ACTIVITIES CENTER**

**CLOSED NOVEMBER 23 - 25, 2023**

*Thanksgiving Holiday*

THE CENTERS WILL RESUME NORMAL BUSINESS HOURS ON NOVEMBER 27.



**Harker Heights**  
Senior Recreation  
Program

HAPPY

*Thanksgiving*

From the  
HH Parks & Rec Staff



**City of Harker Heights**  
**CHRISTMAS TREE LIGHTING**

**THURSDAY, NOVEMBER 30 AT 6PM**

*Harker Heights City Hall, 305 Miller's Crossing*







## Learn about Medicare the easier way

Looking for a fun, no-pressure way to learn more about Medicare? Come to an upcoming event where we'll answer your questions about Medicare and show you how you could take advantage of the benefits of a plan from UnitedHealthcare.\* Bring your friends. Bring your neighbors. And bring your questions.

Join us at an event near you. Spaces are limited, so reserve your spot by calling today.

November 14, 2023  
2:00 PM  
Harker Heights Rec. Ctr.  
307 Miller's Crossing  
Harker Heights, TX 76548

For a complete list of events in your neighborhood, contact your local licensed sales agent.

### Call me today.

Get your Medicare questions answered by a local licensed sales agent.  
There's no obligation or cost to attend.



**Amy Sargent**  
Licensed Sales Agent  
254-634-6344, TTY 711  
amysargent15@yahoo.com  
www.myuhcagent.com/amy.sargent



**United  
Healthcare**

For accommodation of persons with special needs at meetings, call 254-634-6344, TTY 711. Plans are issued through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. ©2023 United HealthCare Services, Inc. All rights reserved.

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## Stewart C. Meyer Harker Heights Public Library

# 2023 - 2024 Book Discussion Club

Join our book discussion club for adults! Enjoy a lively discussion in person at the Library and/or online!

## Third Thursday of each month at 6:30 pm!



Thursday, November 16



Thursday, December 21



Thursday, January 18

Just e-mail [lyoungblood@harkerheights.gov](mailto:lyoungblood@harkerheights.gov) for an invitation to our virtual meeting!